

## USU Dietetics Pre-Program Information

Thank you for expressing interest in the Utah State University Dietetics program. The 4-year course of study prepares graduates to become Registered Dietitian Nutritionists (RDN) and is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND), the accrediting agency for the Academy of Nutrition and Dietetics (AND). Utah State University is one of 29 schools in the nation that offers both a Coordinated Program in Dietetics (CPD) and a Didactic Program in Dietetics (DPD) at the undergraduate level. The requirements for becoming a RDN include academic preparation, practical experience, supervised program hours, and passing the national RD exam. The main difference is that throughout the 2 years in the program, the CPD has 1200 hours of supervised practice (at least 20 hours per week outside of classroom experience). Fall semester of the senior year is spent in Salt Lake City completing the supervised practice requirement. The DPD program provides academic preparation resulting in a B.S. degree with supervised program hours being completed post-graduation. Students in the DPD are expected to complete the internship requirement after they graduate.

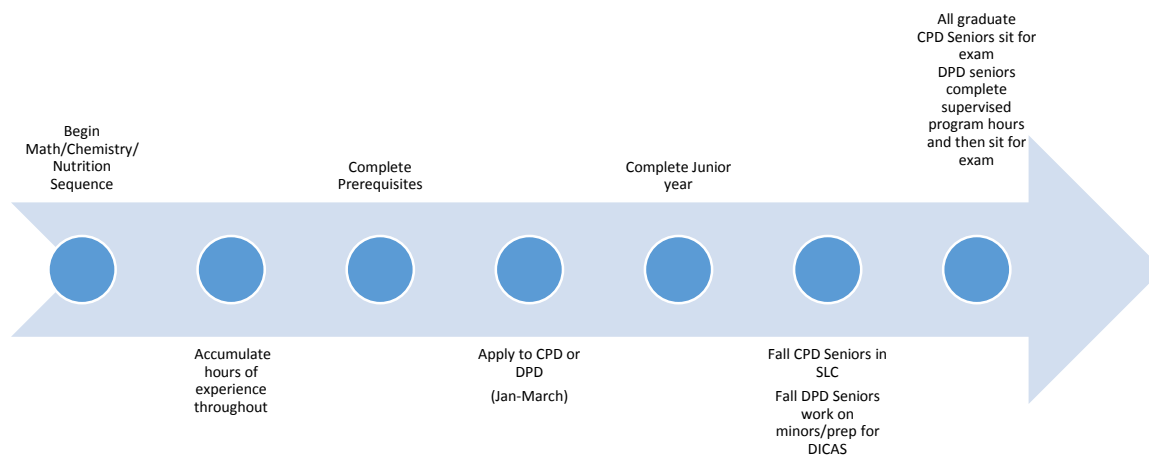
Students enroll in rigorous preparatory coursework during their freshman and sophomore years before applying for acceptance into either program. The application process takes place annually during the spring semester. A minimum overall GPA of 3.0 and a C- grade or better in all prerequisite coursework is required for admission into the CPD and DPD programs and 200 or more hours of dietetics related experience. Students who do not meet this standard may not submit an application until they retake the necessary classes or gain the necessary experience. Only those students who are accepted into one of the two programs proceed into the junior and senior level coursework. The CPD accepts 12 students each year, and DPD accepts 18 students.

The following courses must be completed before applying to the program:

1. All Competency and Breadth Level courses required by USU plus the DSS course and a DHA class. An Associates of Science degree meets all breadth level general education coursework except the Breadth American Institutions (BAI).
2. Required **Non-Nutrition courses are:**
  - BIOL 2420 Human Physiology
  - CHEM 1210 Principles of Chemistry I
  - CHEM 1220 Principles of Chemistry II (BPS)
  - CHEM 2300 OR CHEM 2310 – Organic Chemistry
  - CHEM 3700 Biochemistry Organic Chemistry I
  - MATH 1050 College Algebra (QL)
  - STAT 1040 Intro to Statistics
  - PSYCH 1010 General Psychology or SOC 1010 Introductory Sociology (BSS)
  - FCHD 3350 Family Finance or MGT 3110 Mgt of Organizations (DSS)

3. Required **Nutrition** Courses are:  
 NDFS 1020 Science & Applied Nutrition (BLS)  
 NDFS 1030 Introduction to Dietetics  
 NDFS 1260 Food Literacy  
 NDFS 1250 Sanitation and Safety  
 NDFS 2020 Nutrition Through the Lifecycle  
 NDFS 3020 Nutrition and Physical Performance  
 NDFS 3070 Science of Food Preparation  
 NDFS 3600 Medical Terminology

### Timeline for RDN Certification



Note: The Commission on Dietetic Registration has chosen to change the entry-level registration eligibility education requirements for dietitians from a baccalaureate degree to a minimum of a graduate degree (Masters level) beginning in 2024.

### Best Practices for Timely Completion of Program Prerequisites

Apply to USU early. The Admissions application deadline for Fall registration is March 1. The Admissions scholarship deadline is January 10. Do not wait until March 1 to apply! It takes 3 weeks or longer to process the application. Registration for Fall semester is usually the second week of April. The later you apply to USU, the later you will be able to register and scholarship money will not be available. Many of the prerequisite courses fill up quickly which will delay progress in completing the degree program. See the [Apply to USU website](#) for more detailed information.

Take the [ALEKS PPL](#) tool as early as possible. If you have not taken a Math course (or the ACT/SAT) in the last 12 months, the ALEKS PPL tool is a requirement before registering for a Math class. MATH 1050 (College Algebra) is a co-requisite for CHEM 1210. If Math is delayed, then Chemistry is delayed, and application to the program can be delayed a full year or longer. The Chemistry sequence (4 semesters/2 years) is the most common reason for delaying application to the Dietetics program.

Freshman – register for Student Orientation and Registration (SOAR). Once you have completed SOAR, the advising hold on registration is removed and the registration process can be completed.

Transfer students – please review [Transferring Credits to Utah State University](#). There is a table included with this packet showing course equivalents for the top feeder schools to USU. In nearly all cases, transfer students need to complete coursework at USU (in Logan) at least **1 to 2 semesters** before they formally apply to the CPD or DPD programs in order to complete all of the required pre-requisite coursework. Most of the nutrition courses are only offered once a year during Fall or Spring semesters, but not both semesters.

Returning non-traditional students – contact the advisor for the Dietetics program as early as possible. It is important that you have an accurate timeframe for how long it will take to finish the program. There are a few benchmarks to be aware of:

General Education credits are considered “up-to-date” when they have been completed within the last 15 years. Credits older than 15 years must be evaluated on an individual basis for transfer credit and are not likely to be accepted.

Credits in the major are most likely to be accepted as transfer credit if they have been completed within the last 7 years. ACEND (the accreditation agency for the Academy of Nutrition and Dietetics) uses a timeline of 5 years. It may be impossible to evaluate the previous coursework accurately, in which case only elective credit is given. Coursework may need to be repeated.

## **Frequently Asked Questions...**

How do I determine if courses I've already taken will transfer?

To transfer credits to USU, you need to have transcripts from any current and/or previous institutions that you've attended sent to the USU Admissions Office as part of the Admissions process. The Admissions Office is located in the Taggart Student Center Room 102, 0160 Old Main Hill; Logan, UT 84322-0160). You can contact them for any questions at (435) 797-1079. Until your transcript(s) from other non-USU institutions are evaluated, it is difficult to determine what coursework will actually transfer. Evaluating transfer credits is a time-consuming effort. The academic advisor can only offer an approximation of what will transfer from non-feeder institutions. Full evaluation will take place after you have applied to the institution.

What requirements are covered by an Associate's Degree?

Students who transfer to USU and have an Associate of Arts or an Associate of Science degree (or have completed the General Education requirements) from one of the schools with an articulation agreement with USU will be deemed as having satisfied the General Education portion of the University Studies requirements. Breadth American Institution (BAI) and Depth Education requirements must still be completed.

What other institutions in Utah offer programs in Dietetics?

[Brigham Young University in Provo \(Didactic Dietetics Program\)](#)  
[University of Utah MS in Nutrition and Dietetics](#)

Where can I find information about other accredited Coordinated and Didactic Dietetics Program in the United States?

At the Academy of Nutrition and Dietetics website ([www.eatright.org](http://www.eatright.org)). See also this link:  
[Accredited Programs](#)

## Dietetics Program

This is not an official articulation document. It is a tool to help students plan when to transfer to USU.

USU Course	BYU	BYU-I	DIXIE	SLCC
ENGL 1010	ENGL 115 = TCL1 ; ENGL 150H = TCL1	FDENG 101	ENGL 1010	ENGL 1010 = TCL1
ENGL 2010	ENGL 311, 311H, 312, 312H, 313, 315,315H,316,316H=TCL2	FD ENG 201	ENGL 2010	ENGL 2010 = TCL2
MATH 1050	MATH 110	FDMAT 110	Math 1050	MATH 1050
PSY 1010 or	PSYCH 111, PSYCH 111H	PSYCH 111	PSY 1010	PSY 1010
SOC 1010	SOC 111, SOC 111H	SOC 111	SOC 1010	SOC 1010
STAT 1040	STAT 105 = STAT 2000	FDMAT 221=STAT 2300	MATH 1040	MATH 1040
FCHD 3350 or MGT 3110	SFL 280	B 433	FIN 1750 from Fall 2004 - Spr 2012	FIN 1050
CHEM 1210	CHEM 105 or 111; CHEM 107 or 113 =CHEM 1215	CHEM 105 = CHEM 1210 & CHEM 1215	CHEM 1210	CHEM 1210
CHEM 1220	CHEM 106 or 112	CHEM 106 = CHEM 1220 & CHEM 1225	CHEM 1220	CHEM 1220
CHEM 2300	CHEM 351 = CHEM 2310	CHEM 351= CHEM 2310 & CHEM 2315	CHEM 2310=CHEM2310	CHEM 2310 = CHEM 2310
CHEM 3700	CHEM 285 or CHEM 481	CHEM 481	no equivalent course	no equivalent course
CHEM 3710	no equivalent course	no equivalent course	no equivalent course	no equivalent course
BIOL 2420	PDBIO 305	BIO 264 & 265 = BIOL 2320 & 2420	no equivalent course	BIOL 2420 & BIOL 2425 together = BIOL 2420
NDFS 1020	NDFS 100	NUTR 100 & NUTR 200 =NDFS 1020	NFS 1020	HLTH 1020
NDFS 1260	no equivalent course	no equivalent course	no equivalent course	no equivalent course
NDFS 1250	no equivalent course	no equivalent course	no equivalent course	CHEF 1110
NDFS 2020	NDFS 424	NUTR 330	NFS 2020	HLTH 2020
NDFS 3020	NDFS 310	NUTR 350	NFS 1030 from Fall 2010 to Spr 2013	HLTH 2021
NDFS 3070	NDFS 250 & 251 = NDFS 3070	HFED 364	no equivalent course	no equivalent course
NDFS 3600	no equivalent course	HS 280	HLOC 1000 Fall 2010 to Spr 2014	MA 1100

<b>USU Course</b>	<b>SNOW</b>	<b>SUU</b>	<b>UVU</b>	<b>WEBER</b>	<b>U of U</b>
ENGL 1010	ENGL 1010	ENGL 1010	ENGL 1010	ENGL 1010	WRTG 1010
ENGL 2010	ENGL 2010	ENGL 2010	ENGL 2010=ENGL2XXX (TCL2)	ENGL 2020	WRTG 2010
MATH 1050	Math 1050	MATH 1050	MATH 1050	MATH 1050	MATH 1050
PSY 1010	PSY 1010	PSY 1010	PSY 1010	PSY 1010	PSY 1010
SOC 1010	SOC 1010	SOC 1010	SOC 1010	SOC 1010	SOC 1010
STAT 1040	MATH 1040	MATH 1040	MATH 1040	MATH 1040	MATH 1040
FCHD 3350 or MGT 3110	no equivalent course	no equivalent course	no equivalent course	FIN 1010 equivalent to FCHD 3350	FCS 3500 OR MGT 3000
CHEM 1210	CHEM 1210 & CHEM 1215=BPS	CHEM 1210	CHEM 1210	CHEM 1210 = Chem 1210 and 1215	CHEM 1210
CHEM 1220	CHEM 1220=BPS	CHEM 1220	CHEM 1220	CHEM 1220 = Chem 1220 and 1225	CHEM 1220
CHEM 2300	CHEM 2310=2310	CHEM 2310	CHEM 2310	Weber 2310 = USU 2310/2315	CHEM 2310
CHEM 3700	no equivalent course	CHEM 4110=CHEM 5700 at USU	CHEM 3600/BIOLOG 3600	CHEM 3070	CHEM 3510
CHEM 3710	no equivalent course	no equivalent course	BIOLOG 3605	CHEM 3070	CHEM 3515
BIOLOG 2420	BIOLOG 2420& BIOLOG 2425 = BIOLOG 2420	BIOLOG 2420 & 2425	ZOOL 2420 & 2425 or 242H & 242 L	ZOOL 2200	BIOLOG 2420 & 2425 together = BIOLOG 2420
NDFS 1020	HFST 1020	NFS 1020	NUTR 1020	NUTR 1020	NUTR 1020
NDFS 1030	no equivalent course	no equivalent course	no equivalent course	no equivalent course	no equivalent course
NDFS 1260	no equivalent course	NFS 1240 & NFS 1241= NDFS 1240 from 2008/09 to 2012/13	no equivalent course	no equivalent course	no equivalent course
NDFS 1250	no equivalent course	HRHM 3020 Hospitality Safety & Sanitation Mgt	no equivalent course	no equivalent course	no equivalent course
NDFS 2020	no equivalent course	NFS 2020	NUTR 2020	NUTR 2220 & 2420 together	no equivalent course
NDFS 3020	no equivalent course	NFS 3020	no equivalent course	NUTR 3020 OR NUTR 4420	no equivalent course
NDFS 3070	no equivalent course	NFS 4200 & 4210 Food Science & Lab	no equivalent course	no equivalent course	no equivalent course
NDFS 3600	HESC 1050	SCI 1010	HLTH 1300	HTHS 1101	HEDU 3030

## Didactic Program - 4 Year Plan (Courses in Bold are Fall or Spring only)

(108 required credits, plus 12 elective/minor credits)

FALL		YEAR (Fr)	
Dept	#	Course	Cr
<b>CHEM</b>	<b>1210</b>	<b>Prin Chem I</b>	<b>4</b>
<b>NDFS</b>	<b>1020</b>	<b>Science &amp; Appl</b>	<b>3</b>
<b>NDFS</b>	<b>1030</b>	<b>Intro to Dietetics</b>	<b>1</b>
NDFS	1260	Food Literacy	3
MATH	1050	Coll Algebra	4
PSY	1010	or Soc (BSS)	3
			18

SPRING		YEAR (Fr)	
Dept	#	Course	Cr
<b>CHEM</b>	<b>1220</b>	<b>Prin Chem II</b>	<b>4</b>
<b>NDFS</b>	<b>2020</b>	<b>Nutr thru Lifecycle</b>	<b>3</b>
ENGL	1010	Intro Writing	3
STAT	1040	Intro to Stats	3
		BHU (P/F) *	3
		DHA (P/F) *	2
			18

FALL		YEAR (So)	
Dept	#	Course	Cr
<b>CHEM</b>	<b>2300</b>	<b>Organic Chem</b>	<b>3</b>
<b>NDFS</b>	<b>3020</b>	<b>Nutr &amp; Perf</b>	<b>2</b>
BIOL	2420	Physiology	4
ENGL	2010	Inter Writing	3
		BAI (P/F) *	3
FCHD	3350	or MGT 3110(DSS)	3
			18

SPRING		YEAR (So) - Apply	
Dept	#	Course	Cr
<b>CHEM</b>	<b>3700</b>	<b>Biochemistry</b>	<b>3</b>
<b>NDFS</b>	<b>3070</b>	<b>Sci Food Prep</b>	<b>4</b>
<b>NDFS</b>	<b>1250</b>	<b>San &amp; Safety</b>	<b>3</b>
NDFS	3600	Medical Term	2
		BCA (P/F) *	3
			15

FALL		YEAR (Jr)	
Dept	#	Course	Cr
<b>NDFS</b>	<b>4020</b>	<b>Adv Nutrition</b>	<b>3</b>
<b>NDFS</b>	<b>4050</b>	<b>Educ &amp; Coun I</b>	<b>2</b>
<b>NDFS</b>	<b>4480</b>	<b>Comm Nutr</b>	<b>3</b>
<b>NDFS</b>	<b>4550</b>	<b>Nutrition Assessment</b>	<b>3</b>
<b>NDFS</b>	<b>4590</b>	<b>Nutrition Assessment Lab</b>	<b>1</b>
<b>NDFS</b>	<b>4710</b>	<b>Food Svc Syst</b>	<b>2</b>
			14

SPRING		YEAR (Jr)	
Dept	#	Course	Cr
<b>NDFS</b>	<b>4060</b>	<b>Educ &amp; Coun I</b>	<b>2</b>
<b>NDFS</b>	<b>4560</b>	<b>Med Nutr Th II</b>	<b>4</b>
<b>NDFS</b>	<b>4720</b>	<b>FS Org &amp; Mgmt</b>	<b>2</b>
<b>NDFS</b>	<b>4780</b>	<b>Maternal &amp; Child</b>	<b>2</b>
PEP	4400	Eval. In PE (QI)	3
			13

FALL		YEAR (Sr)	
Dept	#	Course	Cr
<b>NDFS</b>	<b>5200</b>	<b>Nutr Epidem</b>	<b>3</b>
<b>NDFS</b>	<b>5750</b>	<b>Adv Practicum</b>	<b>1-6</b>
<b>NDFS</b>	<b>5800</b>	<b>Motivational Interview</b>	<b>3</b>
			12+

SPRING		YEAR (Sr)(GRAD)	
Dept	#	Course	Cr
<b>NDFS</b>	<b>4750</b>	<b>Trans to Pro Pr</b>	<b>2</b>
<b>NDFS</b>	<b>4760</b>	<b>Trans to Pro Lab</b>	<b>1-2</b>
<b>NDFS</b>	<b>5210</b>	<b>Adv Pub Nutr</b>	<b>3</b>
<b>NDFS</b>	<b>5230</b>	<b>Comm. Topics</b>	<b>3</b>
<b>NDFS</b>	<b>5410</b>	<b>Nutrient Gene Interact.</b>	<b>3</b>
			12+

**COORDINATED PROGRAM – 4 YR PLAN (Courses in Bold are Fall or Spring only)**  
**(127 required credits)**

FALL YEAR (Fr)			
Dept	#	Course	Cr
<b>CHEM</b>	<b>1210</b>	<b>Prin Chem I</b>	<b>4</b>
<b>NDFS</b>	<b>1020</b>	<b>Science &amp; Appl</b>	<b>3</b>
<b>NDFS</b>	<b>1030</b>	<b>Intro to Dietetics</b>	<b>1</b>
NDFS	1260	Food Literacy	3
MATH	1050	Coll Algebra	4
PSY	1010	or Soc (BSS)	3
			18

SPRING YEAR (Fr)			
Dept	#	Course	Cr
<b>CHEM</b>	<b>1220</b>	<b>Prin Chem II</b>	<b>4</b>
<b>NDFS</b>	<b>2020</b>	<b>Nutr thru Lifecycle</b>	<b>3</b>
ENGL	1010	Intro Writing	3
STAT	1040	Intro to Stats	3
		BHU (P/F) *	3
		DHA (P/F) *	2
			18

FALL YEAR (So)			
Dept	#	Course	Cr
<b>CHEM</b>	<b>2300</b>	<b>Organic Chem</b>	<b>3</b>
<b>NDFS</b>	<b>3020</b>	<b>Nutr &amp; Perf</b>	<b>2</b>
BIOL	2420	Physiology	4
ENGL	2010	Inter Writing	3
		BAI (P/F) *	3
FCHD	3350	or MGT 3110(DSS)	3
			18

SPRING YEAR (So) - Apply			
Dept	#	Course	Cr
<b>CHEM</b>	<b>3700</b>	<b>Biochemistry</b>	<b>3</b>
<b>NDFS</b>	<b>3070</b>	<b>Sci Food Prep</b>	<b>4</b>
<b>NDFS</b>	<b>1250</b>	<b>San &amp; Safety</b>	<b>3</b>
NDFS	3600	Medical Term	2
		BCA (P/F) *	3
			15

FALL YEAR (Jr)			
Dept	#	Course	Cr
<b>NDFS</b>	<b>4020</b>	<b>Adv Nutrition</b>	<b>3</b>
<b>NDFS</b>	<b>4050</b>	<b>Educ &amp; Coun I</b>	<b>2</b>
<b>NDFS</b>	<b>4480</b>	<b>Comm Nutr</b>	<b>3</b>
<b>NDFS</b>	<b>4490</b>	<b>Comm Nutr Exp I</b>	<b>2</b>
<b>NDFS</b>	<b>4550</b>	<b>Nutrition Assessment</b>	<b>3</b>
<b>NDFS</b>	<b>4570</b>	<b>Clin Exp I</b>	<b>1</b>
<b>NDFS</b>	<b>4710</b>	<b>Food Svc Syst</b>	<b>2</b>
<b>NDFS</b>	<b>4730</b>	<b>Food Svc Lab</b>	<b>2</b>
			18

SPRING YEAR (Jr)			
Dept	#	Course	Cr
<b>NDFS</b>	<b>4060</b>	<b>Educ &amp; Coun I</b>	<b>2</b>
<b>NDFS</b>	<b>4500</b>	<b>Comm Nutr Exp II</b>	<b>2</b>
<b>NDFS</b>	<b>4560</b>	<b>Med Nutr Th II</b>	<b>4</b>
<b>NDFS</b>	<b>4580</b>	<b>Clin Exp II</b>	<b>2</b>
<b>NDFS</b>	<b>4720</b>	<b>FS Org &amp; Mgmt</b>	<b>2</b>
<b>NDFS</b>	<b>4740</b>	<b>FS Mgmt Lab</b>	<b>2</b>
<b>NDFS</b>	<b>4780</b>	<b>Maternal &amp; Child</b>	<b>2</b>
<b>NDFS</b>	<b>4790</b>	<b>Maternal &amp; Child</b>	<b>1</b>
			17

FALL YEAR (Sr)			
Dept	#	Course	Cr
<b>NDFS</b>	<b>4660</b>	<b>Med Dietetics</b>	<b>12</b>
			12

SPRING YEAR (Sr)(GRAD)			
Dept	#	Course	Cr
<b>NDFS</b>	<b>4750</b>	<b>Trans to Pro Pr</b>	<b>2</b>
<b>NDFS</b>	<b>4760</b>	<b>Trans to Pro Lab*</b>	<b>2</b>
<b>NDFS</b>	<b>5210</b>	<b>Adv Pub Nutr</b>	<b>3</b>
<b>NDFS</b>	<b>5410</b>	<b>Nut Gene Int</b>	<b>3</b>
<b>NDFS</b>	<b>5750</b>	<b>Adv. Practicum</b>	<b>3</b>
			13



***How Much 'Dietetic-Related Experience' Do I Need and Why?***

Dietetics students are expected to have **200+ hours** of dietetic-related experience (paid or volunteer) by the time they formally apply for the Coordinated (CPD) or Didactic (DPD) programs for the following reasons:

- Participating in dietetics-related activities before you apply to the CPD or DPD programs will help you determine if Dietetics is a major that really fits you.
- It gives you exposure to what dietitians do after they graduate and allows you to define some goals before you start Junior-level classes.
- It introduces you to professionals who can write letters of support for you for scholarships, program and internship applications, or employment.
- If you are admitted to the **DPD** program, you will need to complete a DIETETIC INTERNSHIP after graduation. Some internships require up to 1,040 hours of dietetic-related experience for admittance, so the 200+ hours that you come into junior year with are a good “jump-start” on those hours for your DI application. You’ll need to accumulate additional hours of similar dietetics-related experiences during your Junior and Senior years in the DPD program to total the required hours for the internships you are applying for.

***How Do I Record Dietetic-Related Experience Hours?***

A **Log Sheet** is included on the next page. Make copies of this and use it to record hours. List all of your jobs and all Key Responsibilities. As you list your Key Responsibilities, also describe skills and knowledge that you gained. For example, if you list “Serving Food” you could mention communication skills, fielding customer complaints, following safe food handling practices, or others. This is important, since it conveys the breadth and depth of your experiences.

***What Types of Experiences Do I Need and What “Counts”?***

Any experience in a **clinical, community, or food service** setting will work (see descriptions below). Ideally, you’ll want experiences from a combination of these areas (although that is not required). You may include hours from experiences you’ve had within the last five years from the time you apply to the CPD or DPD programs. For example, if you plan to apply Spring 2016, you could include dietetics-related hours that you’ve done since 2011 on your Log Sheet .

***What Are Some Examples and Descriptions of Clinical, Community, and Food Service Opportunities?***

- 1) **CLINICAL EXPERIENCES** - Experience in a hospital or clinical setting (i.e. long-term care facility or assisted living center, etc.). Examples include working as a Diet Tech, Certified Nursing Assistant (CNA), phlebotomist, or medical assistant. You could also include experience with research studies or patient education.
- 2) **COMMUNITY EXPERIENCES** - Examples include volunteering at a Food Bank, organizing a Food Drive, volunteering or working at a Senior Citizens’ Center (especially with the Meals on Wheels program), teaching groups or individuals, developing curriculum, handouts, and learning activities, assisting at the Student Wellness Center, working at the USU Organic Student Farm, participating and getting involved in public policy activities (legislation), or helping with nutrition education programs like WIC, the Food \$ense Nutrition Education Program or Expanded Food and Nutrition Education Program (EFNEP).
- 3) **FOOD SERVICE EXPERIENCES** - Experience in food establishments or facilities where food is being produced and/or sold. Examples include working at a restaurant or eating establishment, experience in a kitchen at a clinical facility (hospital, long-term care, assisted living center, eating disorder clinic, etc.) preparing meals for patients on therapeutic diets (low-sodium, mechanical soft, etc), catering, school food service, or working with a school lunch program.

**Dietetics-Related Experience Log Sheet** - Please include a description of any volunteer or paid dietetics-related experiences you've had within the past 5 years (most recent first). See link on the USU Dietetics website for more information.

Briefly describe ALL your key responsibilities and provide contact information for a supervisor or co-worker. When indicating the amount of hours, use Hrs/Wk for long-term work and volunteer experiences and Total Hours for limited time or temporary experiences. You may include additional pages if necessary (just print another copy of this page).

Name of Employer / Organization	Your Position Title	Start and End Dates (Month/Year)	Hours / Week or Total Hours	Paid or Volunteer?
1.				
Supervisor / Coworker (Name, Title):			Email:	Phone:
Key Responsibilities:				
2.				
Supervisor / Coworker (Name, Title):			Email:	Phone:
Key Responsibilities:				
3.				
Supervisor / Coworker (Name, Title):			Email:	Phone:
Key Responsibilities:				
4.				
Supervisor / Coworker (Name, Title):			Email:	Phone:
Key Responsibilities:				
5.				
Supervisor / Coworker (Name, Title):			Email:	Phone:
Key Responsibilities:				

## USU Dietetics Programs

### CPD vs. DPD: Which one works best for me?

Revised 12/17/15

	CPD	DPD
<b>Commonalities between CPD and DPD:</b>	<p>Both programs result in a BS in Nutrition Dietetics and Food Sciences in preparation towards becoming a Registered Dietitian who can work in any area of practice.</p> <p>Both programs have the same application process/criteria for acceptance:</p> <ul style="list-style-type: none"> <li>• Pre-requisite coursework (completed with a C- or better) plus a GPA of 3.0 or higher</li> <li>• 200 hours of dietetics-related experience completed</li> <li>• Demonstrated excellent communication skills (oral and written) and math skills</li> </ul> <p>Both programs require students to be self-motivated, active learners who can work independently as well as in teams</p> <p>Both programs are accredited by the Accreditation Council for Education in Nutrition and Dietetics and are both recognized for consistent near-100% first-attempt pass rates on the national registration exam (average first-attempt pass rate nationwide is ~85%).</p> <p>Graduates from both programs have excellent job placement and/or acceptance into graduate school.</p>	
<b>Supervised Practice</b>	<p>1200 hours of supervised practice are required prior to taking the Registration Examination required to become a Registered Dietitian Nutritionist. Supervised practice must provide experiences in clinical nutrition, foodservice management, and community nutrition, regardless of a program's emphasis.</p>	
<b>Differences between CPD and DPD</b>	<p>1200 hours of supervised practice are incorporated into the CPD program and required for the bachelor's degree. Graduates of the CPD are able to take the examination for becoming a Registered Dietitian Nutritionist.</p>	<p>Supervised practice is NOT part of the DPD program and/or completion of the bachelor's degree. Graduates of the DPD must complete 1200 hours of supervised practice in an accredited Dietetics Internship to be eligible to take the Registration Examination for becoming a Registered Dietitian Nutritionist.</p>
<b>Primary decision in choosing CPD vs. DPD is related to TIMING of Supervised Practice:</b>	<p>Supervised practice is completed during junior and senior years</p> <ul style="list-style-type: none"> <li>• 20 hours/week junior year</li> <li>• 32 hours/week fall semester senior year (fall rotations during senior year are in Salt Lake City/Ogden so students must re-locate)</li> <li>• 16-20 hours/week spring semester senior year</li> </ul> <p>Therefore, CPD students are ready to take the Registration Exam immediately following graduation.</p> <p>Due to the time-intensive nature of the concurrent supervised practice hours, it is recommended that students:</p> <ul style="list-style-type: none"> <li>• work fewer than 10 hours/week</li> </ul>	<p>No supervised practice experiences occur within the degree program. Supervised practice is completed during a Dietetic Internship following graduation.</p> <p>Therefore, DPD students must complete a Dietetic Internship following graduation prior to taking the Registration Exam.</p> <p>Since supervised practice rotations are not included in the DPD, this program is more adaptable to the schedules of students who have significant extracurricular demands on their time such as:</p>

	<ul style="list-style-type: none"> <li>• must not pursue a minor/certificate or take additional coursework</li> <li>• not participate in high-level athletics or extracurricular activities. Life circumstances or health concerns that limit time and energy make the CPD extremely challenging.</li> </ul> <p>The supervised practice rotations are required and are standardized with limited flexibility in times/locations. Make-up experiences for missed rotations cannot be guaranteed.</p>	<ul style="list-style-type: none"> <li>• employed 10+ hours per week</li> <li>• pursuit of a minor/certificate or taking additional coursework,</li> <li>• involvement in high-level athletics</li> <li>• inflexible and exacting schedules due to demands of family, health, or work</li> </ul>
<b>Program Emphases:</b>	<p>The emphasis of the CPD is Lifespan Nutrition. Students work with persons of all ages in a variety of settings.</p> <p>Rotations providing 1200 hours of supervised practice include:</p> <p><b>50-60%:</b> Clinical facilities: (IHC Hospitals, Primary Children’s Hospital, U of U Hospital, etc.) Many facilities are “high acuity” and care for critically ill/complex patients needing high-end medical care.</p> <p><b>40-50%:</b> Community and Foodservice facilities (WIC, long term care centers, health departments, etc.)</p>	<p>The DPD prepares students to complete Dietetic Internships of their choice after graduation. Internships are located nationwide and have a variety of program emphases including but not limited to: <i>Clinical Nutrition, Community and Public Health Nutrition, Health Promotion, Medical Nutrition Therapy, Food Systems Management, Child Nutrition Programs, Research, Wellness, Advocacy and Public Policy, Adult Acute Care, Pediatrics.</i></p> <p>USU DPD has a pre-select agreement with USU’s Dietetic Internship. This allows USU DPD students to apply early for the internship and enjoy a much higher acceptance rate than the national average of 50%. This internship’s area of emphasis is Child Nutrition Programs and School Foodservice System Management. It is a distance program so supervised practice rotations can be completed in the location of choice.</p>
<b>Supervised Practice Costs:</b>	<p>Supervised practice during junior/senior years = \$6500 in course fees for required labs</p> <p>NOTE: CPD requires additional lab courses (29 credits) that provide the Supervised Practice, but additional costs are usually minimal through the tiered tuition fee schedule.</p> <p>NOTE: Students may not be paid for supervised practice hours.</p>	<p>Supervised practice (during Dietetic Internships): Average costs = \$9000 and up; average duration 9-12 months. Some internships are paid (such as VA internships) but this is rare.</p> <p>NOTE: Most internships require students to complete dietetics-related experience hours in preparation for the internship application process. Requirements vary among internships and can be up to 1040 hours. The 200 hours required for acceptance into USU’s DPD program can be counted towards those hours, and the additional hours can come from approved elective coursework, volunteer experiences, or paid work experiences.</p>
<b>Program Maximum Enrollment:</b>	12 students per year	18 students per year

<b>Other Requirements:</b>	Immunizations current and background check required prior to junior year supervised practice.	Not required until internship
<b>Graduate Studies:</b>	Beginning 2016, CPD seniors can split up to 9 credits taken during their BS degree to count towards earning an MS degree.	<p>Some internships also provide simultaneous graduate degrees, such as University of Utah.</p> <p>The USU Dietetic Internship allows graduates to apply 26 credit hours toward USU's Master of Dietetic Administration degree, requiring only an additional 15-18 credits.</p>