

# Hunger and Food Security Studies Minor (15 credits)

This minor provides students with a broad understanding of the complexity of hunger and the various programs, policies, and environmental changes that can reduce this significant social issue. This minor is available to all undergraduate majors.

Utah State University is an affirmative action/equal opportunity institution.

## Curriculum

Students are required to take NDFS 5010 Hunger Issues and Solutions and at least 3 credits from each of the following sections: Food, Nutrition, and Health; History, Sociology, and Anthropology; Resources, Climate, and Sustainability; and Geography and the Environment.

### Required Course

**NDFS 5010** Hunger Issues and Solutions **3**

### Food, Nutrition, and Health

Select 3 credits from the following:

- NDFS 4480** Community Nutrition **3**
- NDFS 5210** Advanced Public Health Nutrition **3**
- NDFS 5200** Nutritional Epidemiology **3**
- NDFS 5230** Communication of Current Topics in Nutrition **3**
- HEP 2500** Health and Wellness **2**
- NDFS 3110** Food Technology and Health **3**

### History, Sociology, and Anthropology

Select 3 credits from the following:

- HIST 3910** Health, Disease, and Medicine in North America **3**
- ANTH 4130** Medical Anthropology **3**
- HIST 3950** Environmental History **3**
- ANTH 2010** Peoples of the World **3**
- SOC 3520** Sociology of Mental Illness **3**
- SOC 3330** Medical Sociology **3**
- ANTH 4140** Anthropology of Global Health **3**
- SOC 2650** Globalization **3**
- ENGL 3630** Literature and Culture on the Farm **3**

### Resources, Climate, and Sustainability

Select 3 credits from the following:

- ENVS 4700** Communicating Sustainability **3**
- ENVS 2340** Natural Resources and Society **3**
- ENVS 3010** Fundamentals of Natural Resource and Environmental Policy **3**
- TEE 2200** Aquaponic Systems **3**

### Geography and the Environment

Select 3 credits from the following:

- ASTE 2900** Food Matters: Ethics, Economics, and the Environment **3**
- ASTE 5260** Environmental Impacts of Agricultural Systems **3**
- GEOG 3100** Human-Environment Geography **3**
- ENVS 5000** Environmental Nonprofit and Volunteer Management **3**
- GEOG 1800** Introduction to GIS **3**
- ASTE 3100** Personal and Team Leadership **3**

### Advisor

**Launa Julander**  
[Launa.julander@usu.edu](mailto:Launa.julander@usu.edu)  
435-797-3096

### Faculty Contact

**Mateja R. Savoie Roskos**  
**PhD, MPH, RD**  
[Mateja.savoie@usu.edu](mailto:Mateja.savoie@usu.edu)  
435-797-5777